

$$L = \frac{1}{2} \mu \dot{\vec{r}}^2 + \frac{GM\mu}{r} = \frac{1}{2} \mu (\dot{r}^2 + r^2 \dot{\theta}^2) + \frac{GM\mu}{r}$$

$$\frac{d}{dt} \frac{\partial L}{\partial \dot{q}} = \frac{\partial L}{\partial q} \begin{cases} \mu r^2 \ddot{\theta} = 0 \\ \mu \ddot{r} = \mu r \dot{\theta}^2 - \frac{GM\mu}{r^2} \end{cases}$$

If we suppose $\ddot{r} = 0$ then $\dot{\theta}^2 = \frac{GM}{r^3}$ hence the kinetic energy is

$$K = \frac{1}{2} \mu (\dot{r}^2 + r^2 \dot{\theta}^2) = \frac{1}{2} \mu \frac{GM}{r} = \frac{U}{2} \quad \boxed{K = \frac{U}{2}}$$

$$K = \frac{1}{2} \mu (r \dot{\theta})^2 = \frac{1}{2} \mu v^2 = \frac{GM\mu}{2r} \rightarrow \frac{v^2}{c^2} = \frac{GM}{c^2 r}$$

$$\frac{v^2}{c^2} = \frac{R_s}{2r} \text{ where } R_s = \frac{2GM}{c^2} \text{ Schwarzschild Radius}$$

$$[G] = \left[\frac{F \cdot l^2}{m^2} \right] = \left[\frac{m l l^2}{m^2 t^2} \right] = \left[\frac{l \cdot v^2}{m} \right]$$

$$1 \gg \frac{v}{c} \sim \frac{\omega \cdot d}{c} = \frac{2\pi \cdot d}{T \cdot c} = \frac{2\pi d}{\lambda} = \frac{d}{\lambda} \rightarrow d \ll \lambda$$

$$\text{If } f = 100 \text{ Hz} \rightarrow T = 10^{-2} \text{ s} \quad \lambda = \frac{T \cdot c}{2\pi} = \frac{10^{-2} \cdot 3 \cdot 10^8}{2 \cdot \pi} \approx 5 \cdot 10^5 \text{ m} = 500 \text{ km}$$

$$\square \bar{h}_{\mu\nu} = -\frac{16\pi G}{c^4} T_{\mu\nu} \quad (1)$$

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The Green's function :

$$\square_x G(x-x') = \delta^4(x-x') \quad (2)$$

since $T_{\mu\nu}(x) = \int d^4x' \delta^4(x-x') T_{\mu\nu}(x')$

if $\bar{h}_{\mu\nu}(x) = \int d^4x' G(x-x') \left[-\frac{16\pi G}{c^4} T_{\mu\nu}(x') \right]$ then: (3)

$$\square_x \bar{h}_{\mu\nu}(x) = \int d^4x' \delta^4(x-x') \left[\quad \right] = -\frac{16\pi G}{c^4} T_{\mu\nu}(x)$$

From (2) the Green's function is:

$$G(x-x') = -\frac{1}{4\pi |\vec{x}-\vec{x}'|} \delta(x_{ret}^0 - x'^0) \quad (4)$$

where $t_{ret} = \frac{x_{ret}^0}{c} = t - \frac{|\vec{x}-\vec{x}'|}{c}$

The solution is then:

(3):

$$\bar{h}_{\mu\nu}(x) = \frac{4G}{c^4} \int d^3x' \frac{1}{|\vec{x}-\vec{x}'|} T_{\mu\nu} \left(t - \frac{|\vec{x}-\vec{x}'|}{c}, \vec{x}' \right) \quad (5)$$

\uparrow
 \downarrow
 (t, \vec{x})

As we have seen it is always possible to find $\Lambda(X)$ that will make $\bar{h}_{\mu\nu} \bar{h}_{\alpha\beta} = 0 \quad \forall \nu$. Then, in order to find the TT solution, we have to apply the operator Λ . With that, since the trace is 0, $\bar{h}^{\text{TT}} = h^{\text{TT}}$.

$$\bar{h}_{\mu\nu} \rightarrow \bar{h}_{ij} \rightarrow h_{ij}^{\text{TT}} = \Lambda_{ij,km} \bar{h}_{km} \quad \begin{matrix} \mu, \nu = 0, \dots, 3 \\ i, j, k, m = 1, \dots, 3 \end{matrix}$$

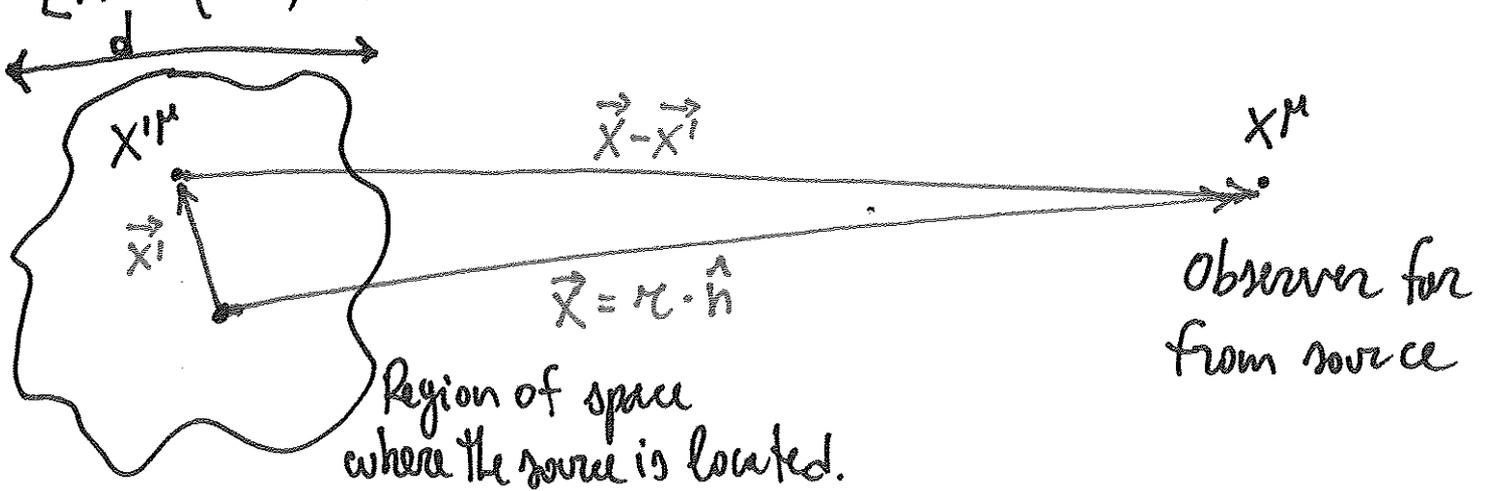
In order to evaluate (5) M. Maggiore suggests to write T_{ke} in the Fourier space.

$$T_{\text{ke}}(t - \frac{|\vec{x} - \vec{x}'|}{c}, \vec{x}') = \int \frac{d^4 k}{(2\pi)^4} \tilde{T}_{\text{ke}}(\omega, \vec{k}) e^{+i k_{\mu} x'^{\mu}} \quad (6)$$

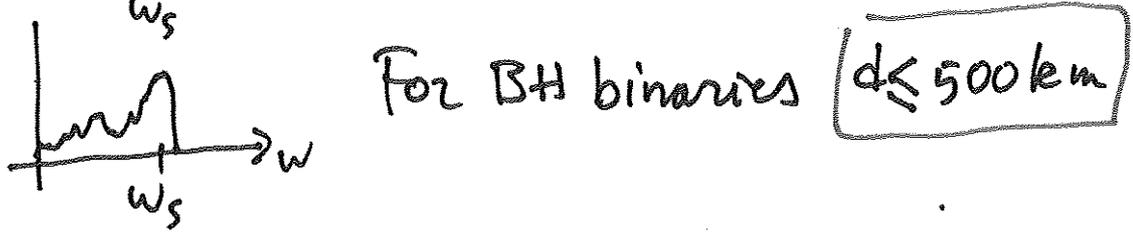
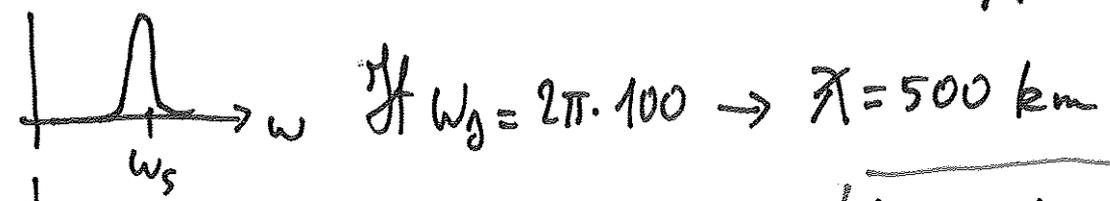
where $k^{\mu} = (\frac{\omega}{c}, \vec{k}) \rightarrow k_{\mu} = (-\frac{\omega}{c}, \vec{k})$ (7) and

$$i k_{\mu} x'^{\mu} = -i \frac{\omega}{c} (c t - |\vec{x} - \vec{x}'|) + i \vec{k} \cdot \vec{x}'$$

$$[x'^{\mu} = (c t', \vec{x}') \text{ but with (4) } c t' = c t - |\vec{x} - \vec{x}'|]$$



Non-relativistic sources $\equiv r \ll c \rightarrow \frac{d}{\lambda} \ll 1$



From the drawing:

$$|\vec{X} - \vec{X}'| = r - \vec{X}' \cdot \hat{n} \rightarrow \omega \frac{|\vec{X} - \vec{X}'|}{c} = \frac{\omega \cdot r}{c} - \frac{\omega}{c} \vec{X}' \cdot \hat{n} =$$

$$= \frac{\omega \cdot r}{c} - \frac{\vec{X}' \cdot \hat{n}}{\lambda} \quad (8)$$

and $\frac{\vec{X}' \cdot \hat{n}}{\lambda} < \frac{d}{\lambda} \ll 1$

Therefore, one can write

$$e^{-i\omega(t - \frac{|\vec{X} - \vec{X}'|}{c})} = e^{-i(\omega t - \frac{\omega r}{c} + \frac{\omega}{c} \vec{X}' \cdot \hat{n})} =$$

$$\approx e^{-i(\omega t - \frac{\omega r}{c})} \left[1 - i \frac{\omega}{c} \vec{X}' \cdot \hat{n} - \frac{1}{2} \left(\frac{\omega}{c} \vec{X}' \cdot \hat{n} \right)^2 \right]$$

$$= e^{-i(\omega t - \frac{\omega r}{c})} \left[1 + \vec{X}' \cdot \hat{n} \left(-i \frac{\omega}{c} \right) + \frac{1}{2} (\vec{X}' \cdot \hat{n})^2 \left(-i \frac{\omega}{c} \right)^2 \right]$$

The energy-momentum tensor (G) becomes:

$$\begin{aligned}
 T_{kl} \left(t - \frac{r}{c} + \frac{\vec{x}' \cdot \hat{n}}{c}, \vec{x}' \right) &= \int \frac{d^4 k}{(2\pi)^4} \tilde{T}_{kl}(\omega, \vec{k}) e^{-i[\omega t - \frac{\omega r}{c} - \vec{k} \cdot \vec{x}']} \quad (11) \\
 &+ \frac{\vec{x}' \cdot \hat{n}}{c} \int \frac{d^4 k}{(2\pi)^4} \tilde{T}_{kl}(\omega, \vec{k}) e^{-i[\dots]} \cdot (-i\frac{\omega}{c}) + \\
 &+ \frac{1}{2} \left(\frac{\vec{x}' \cdot \hat{n}}{c} \right)^2 \int \frac{d^4 k}{(2\pi)^4} \tilde{T}_{kl}(\omega, \vec{k}) e^{-i[\dots]} \cdot (-i\frac{\omega}{c})^2 + \dots =
 \end{aligned}$$

$$\vec{x}' \cdot \hat{n} = n_m x'^m$$

Since $m=1,2,3$

then $n_m = n^m$

$$= T_{kl} \left(t - \frac{r}{c}, \vec{x}' \right) +$$

$$+ \frac{\vec{x}' \cdot \hat{n}}{c} \partial_t T_{kl} \left(t - \frac{r}{c}, \vec{x}' \right) +$$

$$+ \frac{1}{2} \left(\frac{\vec{x}' \cdot \hat{n}}{c} \right)^2 \partial_t^2 T_{kl} \left(t - \frac{r}{c}, \vec{x}' \right) + \dots \quad (9)$$

From (5) the TT solution is:

$$\begin{aligned}
 h_{\mu\nu}^{TT}(t, \vec{x}) &\approx \frac{4G}{c^4} \frac{1}{r} \Lambda_{\mu\nu, kl} \left[\int d^3 X' T_{kl} \left(t - \frac{r}{c}, \vec{x}' \right) + \right. \\
 &+ \frac{n_m}{c} \int d^3 X' x'^m \dot{T}_{kl} \left(t - \frac{r}{c}, \vec{x}' \right) + \\
 &+ \frac{1}{2} \frac{n_m \cdot n_j}{c^2} \int d^3 X' x'^m x'^j \ddot{T}_{kl} \left(t - \frac{r}{c}, \vec{x}' \right) \\
 &+ \dots \quad (10)
 \end{aligned}$$

(10) can be written as :

(12)

$$h_{\mu\nu}^{\text{TT}}(t, \vec{x}) = \frac{1}{2} \frac{4G}{c^4} \Lambda_{\mu\nu,kl} \left[S_{kl} \left(t - \frac{r}{c} \right) + \frac{m_m}{c} \dot{S}_{kl}^m \left(t - \frac{r}{c} \right) + \frac{1}{2} \frac{m_m \cdot m_j}{c^2} \ddot{S}_{kl}^{mj} \left(t - \frac{r}{c} \right) + \dots \right] \quad (11)$$

where $S_{kl} \left(t - \frac{r}{c} \right) = \int d^3x' T_{kl} \left(t - \frac{r}{c}, \vec{x}' \right)$ (12)

$$S_{kl}^m \left(t - \frac{r}{c} \right) = \int d^3x' x'^m T_{kl} \left(t - \frac{r}{c}, \vec{x}' \right) \quad (13)$$

$$S_{kl}^{mj} \left(t - \frac{r}{c} \right) = \int d^3x' x'^m x'^j T_{kl} \left(t - \frac{r}{c}, \vec{x}' \right) \quad (14)$$

(11) is the multi mode expansion of GW valid for non relativistic sources.

The leading term is the first, proportional to S_{kl} .

The TRICK:

$$S_{kl} = \frac{1}{2} (S_{kl} + S_{lk}) = \frac{1}{2} (\dot{\Phi}_{k,e} + \dot{\Phi}_{e,k}) = \frac{1}{2} \dot{\mathcal{M}}_{kl} \quad \text{where}$$

$$\mathcal{M}_{kl} = \int d^3x' x'_k x'_e T^{00}$$

THE QUADRUPOLE RADIATION

$$h_{ij}^{\text{TT}}(t, \vec{x}) = \frac{1}{2} \frac{4G}{c^4} \Lambda_{ij,kl} \int d^3x' x'^k x'^l \ddot{T}^{00} \left(t - \frac{r}{c}, \vec{x}' \right)$$